

STAR PROMENADER GAZETTE

November 2016

Dann Houghton, 1st VP, Editor

Midway Dance December 11th

The Rogue Valley Callers and Cuers announce the winter "Midway Dance" will be held at the Rogue Valley Square Dance Center in Medford on December 11, from 2-4:30 P.M. The dance will be called at the student level and will include

Purple Heart tips as

well as Split the

Pot. Callers,

students, and dancers

from all local clubs

will participate.

Please bring a \$5



per dancer donation and finger foods. In

exchange, you can expect an afternoon of fun,

dancing, and getting to know our newest

dancers.

Experienced dancers are reminded that this is a

student dance, please dance at their level and

save the "styling touches" for another day.

Halloween party needs

cakes.

The new student class invites you to a FREE Halloween pot luck



and dance on Thursday, October 27th. Dinner will be served at 5:30 P.M. Followed at 7:00 by dancing, costume contests, (costumes are optional) cake walks, and split the pot.

Since you cannot have a cake walk without cakes, it is obvious that cakes are a needed item. Please bring your freshly baked and iced cake to the party.

For the potluck, those whose last names begin with A-F are asked to bring salads; G-M please bring desserts; N-Z main courses.

The student Halloween Party is always fun. Don't miss this chance to get to know our newest class of wonderful students. You'll be glad you came.

Got Clothes?

The annual "Experienced Square Dance Clothing sale is scheduled for December 4-17. This is an opportunity for our new and more accomplished dancers to build their square dance wardrobes.

If you, like your editor, have square dance clothes that suffer from "Closet Shrinkage" please consider donating them to this worthy cause. For more information contact Karen Knowlton, 360-344-3959.

NOVEMBER DANCES HONOR VETS; WORK OFF TURKEY

The November 12, Star Promenaders Mainstream/Plus dance will honor our nations veterans. The celebration will begin with pre-rounds with Bob Dingman at 7:30 P.M. At 8 Wayne will square us up for mainstream with every 3rd tip plus. We will have Split the Pot and door prizes. Vets get in free with a souvenir of their service. (Does my wife count?) As always, you are urged to bring finger foods to share. Come out and honor those whose service keeps us free.



The monthly Plus/Advanced Dance on November 26th offers a great opportunity to dance off Thanksgiving's added Calories. According to the fatsecret.com website, square dancing burns about 381 calories an hour. The "Calorie Burn" begins with A/1 and A/2 level squares from 6-7:30 P.M: 572 calories burned. Bob Dingman's pre-rounds from 7:30-8 add another 105 calories to the burn pile. Wayne returns to call plus tips from 8-10, burning an additional 762 calories. Add in about 105 calories for the between tip rounds and you've successfully disposed of 1,554 excess Thanksgiving calories. How's that for a good reason to come out?

Don't Miss This

On Saturday, December 31, celebrate, a Times Square New Years Eve with the Star Promenaders. Pre-rounds with Bob at 7:30 and Squares with Wayne at 8:00. At midnight NYC time, we'll watch the ball drop in Times Square and celebrate with cider (and maybe a little smoochin') The dancing will then continue until we're done celebrating.



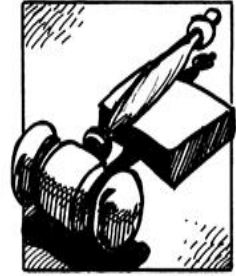
Happy Birthday

In February of 1957 the Star Promenaders came into being. Celebrate 60 years of Star Promenading at our February 25, 2017 Birthday Dance. Randy Dibble returns to his old stomping grounds to call and Mary Callahan will be the cuer. More info next month. In the meantime, tickets for the raffle of a beautiful quilt and stand, are now available: \$1 each or 6 for \$5. They may be purchased at all dances.

NOVEMBER BIRTHAVERSARIES

November Birthdays

Hawkins, Susie	4
Wheatley, Leona	6
Young, Ron	6
Wigginton, Victor	11
Harris, Bob	14
Arrasmith, Dave	16
Phillips, Ed	19
Shontz, Walt	21
Knowlton, Karen	22
Webster, Joyce	23
Collette, Susie	27
Claudson, Roberta	29



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November Anniversaries



Dann and Fay (Trouble) Houghton	5
Tom and Lyn Lemerlee	8
John and Glory Guches	13
Don and Joyce Webster	23

**Swing your partner and
do-si-do—November
29 is Square
DanceDay. . .**

